

LUNCH MENU – WEEK 1

3rd & 24th Nov. – 15th Dec. – 19th Jan. – 9th Feb. – 9th & 30th Mar.

Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk & Water available daily. All Special Diets catered for.

| Meat Free Monday | Tasty Tuesday | Roast it up Wednesday | Treat yourself Thursday | Finish it off Friday |
|---------------------------------------|---|---|--|--|
| Margherita Pizza & Pasta | (NEW)BBQ Super Duper Noodles & Quorn Strips | (NEW)Broccoli & Cheese Stuffed Jacket Potato | Veggie Brunch Sausage & Omelette | Halloumi Burger |
| (NEW)Veggie Patty & Pasta | (NEW)Butchers Pork Meatballs in Tomato Sauce with Spaghetti | Roast Turkey & Stuffing with Roast or Mash Potato | Big Brunch, Sausage, Bacon & Omelette | Vegetable Nuggets |
| Jacket Potato with Cheese or Beans | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese or Beans | Jacket Potato with Cheese or Beans |
| Mixed Vegetables | Green Beans or Corn on the Cob | Seasonal Veg. & Gravy | Chopped Tomatoes or Baked Beans, Mushrooms & Hash Browns | Chips or Pasta, Sweetcorn or Peas & Tomato Sauce |
| Egg & Cress Mayo Sandwich | Fish Finger Sandwich | | Ham & Lettuce Sandwich | Cheese & Tomato Sandwich |
| (NEW)Rice Pudding with Strawberry Jam | Mandarin Jelly | Ice Cream | (NEW)Apple/ Apricot Crunch & Custard | (NEW)Toffee Krispies |



LUNCH MENU – WEEK 2

10th Nov. - 1st Dec. - 5& 26th Jan. - 23rd Feb. - 16th Mar.

Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk & Water available daily. All Special Diets catered for.

| Meat Free Monday | Tasty Tuesday | Roast it up Wednesday | Treat yourself Thursday | Finish it off Friday |
|------------------------------------|--|--|--|------------------------------------|
| Mediterranean Cheesy Pasta Bake | Sweet Chilli Halloumi Wrap with Salad & Mayo | Veggie Roast | (NEW)Quorn Biryani | Vegan Sausage Roll |
| Pizza Muffin & Pasta | Crispy Salmon Wrap with Salad & Mayo | Toad in the Hole (Sausage & Yorkshire Pudding) | Homemade Chicken Goujons with Tomato Pasta | BBQ Veggie Sausage |
| Jacket Potato with Cheese or Beans | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese or Beans | Jacket Potato with Cheese or Beans |
| Mixed Vegetables | Herby Diced Potatoes & Peas | Roast or Mash Potato Seasonal Veg. & Gravy | Corn on the Cob or Green Beans | Chips or Pasta, Peas or Sweetcorn |
| Egg & Cress Mayo Sandwich | Pork Sausage Roll | | Tuna & Cucumber Wrap | Cheese & Cucumber Wrap |
| Warm Pancakes with Syrup | (NEW)Apple Custard Cake | Cheese, Apple & Crackers | Chocolate Cake & Chocolate Sauce | Fruit Cookie |



LUNCH MENU – WEEK 3

17th Nov. – 8th Dec. – 12th Jan. – 2nd Feb. – 2nd & 23rd Mar.

Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk & Water available daily. All Special Diets catered for.

| Meat Free Monday | Tasty Tuesday | Roast it up Wednesday | Treat Yourself Thursday | Finish it off Friday |
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| (NEW)Rich & Creamy Special Mac Cheese | (NEW)Tomato & Cheese Wheel & Pasta | Quorn Fillet | Veggie Bean Chilli & Rice | Cheesy Muffin Pizza |
| (NEW)Pesto & Spinach Pasta | Butchers Sausages & Mash Potato | Roast Chicken | 100% Beef Burger & Bap | Vegetable Nuggets |
| Jacket Potato with Cheese or Beans | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese or Beans | Jacket Potato with Cheese or Beans |
| Crusty Bread & Carrots or Green Beans | Baked Beans or Peas & Gravy | Roast or Mash Potato, Seasonal Veg. Stuffing & Gravy | Tomato Pasta, Peas or Corn on the Cob | Chips or Pasta, Mixed Veg & Tomato Sauce |
| Egg & Cress Mayo Sandwich | Tuna & Cucumber Wrap | | Cheese & Tomato Sandwich | Vegan Sausage Roll |
| Strawberry Mousse | (Steamed) Syrup Sponge & Custard | Oat & Date Cookie with Fruit Juice | (NEW)Iced Apple & Raspberry Cake | (NEW)Vegan Chocolate Brownie |